



TEA BREAK TALKS

Leadership Learning in 30 Minutes a Month - Free for GAMBICA Members

Tea Break Talks are short, expert-led online sessions offered by GAMBICA exclusively for its members. Delivered by Caroline Collings-Wood, each session runs for up to 30 minutes and covers a single, practical leadership or management topic. There is no cost and no long-term commitment - just one to two hours of your time each month in exchange for high-quality, immediately applicable learning.

HOW IT WORKS

Each session follows a consistent, proven structure designed to maximise impact within a short timeframe:

- A compelling opening - a question, statistic or story to set the context
- Key concept and why it matters - clear, plain-English explanation of the topic
- Core strategies - two or three practical approaches, frameworks or tools
- Interactive element - a poll, reflection question or scenario
- Real-world case study - a brief example illustrating success or failure
- Action steps and takeaways - clear next steps you can apply immediately
- Questions and discussion (time permitting)

Each session is accompanied by a handout, worksheet or quick reference guide to support ongoing application in the workplace.

INTERESTED?

To join Tea Break Talks or to vote on which topics you would like covered first, please contact: lab@gambica.org.uk

Visit the GAMBICA leadership training page for further information: <https://www.gambica.org.uk/activities/leadership-training.html>

Member-Driven Topics

There are 24 topics available, organised into four broad themes. Members vote to determine which topics are covered first, so sessions remain directly relevant to the challenges you face.

Leadership, Culture and People

- Vision and Motivation: Starting with the End in Mind
- Scaling Up: Unlocking Your Business's Growth Potential
- Strategic Integration: Making Plans Work in Daily Operations
- Culture Shift: Transforming Your Organisation from Within
- High-Performance Teams: Catalysts or Roadblocks to Growth?
- Cultural Alignment: Making Town Halls Work for Your Organisation
- Reward and Recognition: Creating a Motivated and Loyal Workforce
- Authentic Communication: Keeping It Simple Inside and Out

Customer and Commercial Focus

- Brand Building: Crafting a Memorable Identity
- Value Creation: Elevating Your Brand, Product and Business
- Customer Perspective: Walking in Their Shoes
- Customer Education: Building Loyalty Through Knowledge
- Exceeding Expectations: The Power of Under-Promise, Over-Deliver
- Recurring Revenue: Creating Sustainable Income Streams

Operations and Performance

- Productivity and Profitability: Process Systems That Save Time and Money
- Measurement Mastery: Key Performance Indicators (KPIs), Checklists and Quality Standards
- Supply Chain Excellence: Inventory, Procurement and Gross Profit
- Distribution Dynamics: Building Effective Distributor Relationships

Growth and Future Readiness

- Innovation and Intellectual Property (IP): Protecting and Leveraging Your Trade Secrets
- Artificial Intelligence (AI) Advantage: Why AI Matters for Scaling
- Video and AI: Elevating Your Business in the Digital Age
- Navigating Uncertainty: Moving Forward in Challenging Times
- Global Expansion: Exporting Your Business Worldwide
- US Market Entry: Is America Open for Your Business?

At a glance

Cost: Free of charge

Sessions: Monthly, 30 mins

Format: Online

Who is it for? Senior leaders, managers and those responsible for team development